

GUIDELINES FOR CROSS-ENDORSEMENT IN HEALTH
Connecticut State Department of Education

How to apply for a cross-endorsement in Health (043):

- Application for cross-endorsement is made directly to the Bureau of Educator Preparation, Certification, Support and Assessment. An institutional recommendation from CCSU is not required. To speak to a certification consultant, call 860-713-6969 Monday, Tuesday, Thursday, or Friday between 12-4pm, or email at: teacher.cert@po.state.ct.us.
- The ultimate decision as to the acceptability of course work for a cross-endorsement to teach Health rests with the Bureau of Educator Preparation, Certification, Support, and Assessment.
- All required course work and Praxis II Health (code #20550) must be completed.
- If applying for cross-endorsement at the time of application for Physical Education, submit the ED 170A short form application for PE and indicate the request for the additional endorsement at the bottom of page 2. Form ED 170A is available in the Dean's Office. An additional fee of \$50 for the health endorsement will be required along with the \$100 fee for the physical education certificate.
- If applying for the cross-endorsement after issuance of the physical education certificate, submit an ED 170 and \$50 money order.
- Official transcripts are required with the application form.

Prior to applying for a cross-endorsement in Health Education:

- Complete your physical education teacher preparation program leading to the institutional recommendation;
- Complete 30 semester hours of credit in course work toward the health cross-endorsement including course work in drug prevention education and group facilitation; and
- Successfully complete the Praxis II Health (#20550).

Some course work completed as part of the physical education program may be applicable toward the health cross-endorsement. Courses for cross-endorsement need not be taken only at CCSU. Course work may be taken at any regionally accredited college. If completing course work at another institution, it is strongly suggested course descriptions be submitted for review to insure acceptability toward the requirements. Please allow sufficient time for such reviews (7-14 days).

Connecticut certification regulations require the following course work to be eligible to add an endorsement for health education to a valid Connecticut teaching certificate:

- 30 semester hours of credit in health including:
 - 3 semester hours of credit in drug prevention education (**PSY 454 Drugs and Behavior: approved CCSU course**); and
 - 3 semester hours of credit in group facilitation (**PE 337 Group Processes in Health Education OR CNSL 500 Dynamics of Group Behavior: approved CCSU courses**).

A list of approved drug prevention and group facilitation courses available at other Connecticut colleges may be found on the CSDE website at <http://www.state.ct.us/sde/dtl/cert/courstoc.htm>.

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The remaining course work (24 semester hours of credit) may be distributed among a variety of areas associated with health education. (See attached CSDE Health Cross-Endorsement overview and CCSU approved courses for health cross-endorsement).

Additional course work at CCSU pre-approved for acceptability toward a health cross-endorsement:

<u>Course #</u>	<u>Credit</u>	<u>Title</u>
BIO 111	3	Introduction to Biology
BIO 316	4	Microbiology
BIO 401	3	Human Nutrition and Cell Metabolism
CHEM 102	3	Chemistry of Nutrition
IT 380	3	Emergency Medical Technician (EMT)
IT 415	3	Fire Protection and Prevention
PE 110	2	Concepts in Fitness
PE 210	2	Personal and Community Health
PE 213	3	Anatomy in Physical Education
PE 214	3	Physiology in Physical Education
PE 244	2	Fitness/Wellness Ventures (or PE 144)
PE 277	2	Outdoor Adventure Activities
PE 307	3	Human Nutrition
PE 311	3	Stress Management
PE 374	3	Methods of Teaching Fitness
PE 410	3	Exercise Physiology
PE 418	3	Health Education: Methods, Materials and Resources
PE 420	3	Perceptual and Motor Development
PE 422	3	Motor Learning
PSY 236	3	Life Span Development
PSY 241	3	Introduction to Health Psychology
PSY 330	3	Abnormal Psychology
PSY 362	3	Child Psychology
PSY 363	3	Adolescent Psychology
PSY 364	3	Adult Development and Aging
PSY 380	3	Psychology of Dying and Death
PSY 385	3	Humanistic Psychology
PSY 390	3	Human Sexuality
PSY 450	3	Biopsychology
PSY 460	3	Behavior Modification: Theory and Practice
PSY 462	3	Psychology of Early Childhood
REC 232	2	Lifeguard Training
REC 233	2	Water Safety Instructor's Course
SOC 233	3	The Family
SOC 240	3	The Sociology of Gender
SOC 340	3	Aging in American Society
SOC 445	3	Social Construction of Sexuality
SOC 455	3	Men, Masculinity, and Manhood in American Society